

# Design Technology Vocabulary

## Earth as an Island



**Carbohydrates** (noun): One of several substances, such as sugar or starch, that provide the body with energy, or foods containing these substances such as bread, potatoes, pasta, and rice.

**Protein** (noun): One of the many substances found in food such as meat, cheese, fish, or eggs, that is necessary for the body to grow and be strong.

**Smoothie** (noun): A thick, smooth drink made of fruit and/or vegetables mixed with milk, ice cream, yogurt or fruit juice.

**Vegan** (noun): A person who does not eat any animal products such as meat, milk or eggs or use animal products such as leather or wool.

**Vegetarian** (noun): A person who does not eat meat or fish.